Chris Stein, Reflection
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The Holy Spirit is described as like the wind. And wind comes and goes where it pleases, and sometimes we are aware of it. Sometimes we can hear it, or we can see the trees moving in the breeze, and sometimes we can see the great impact through natural disasters and great destruction. But it is also true that we have never seen just the wind: it is invisible.

The same is true of the Holy Spirit: He is always at work, always pouring out grace, and gifts, and blessings. But we have also never seen the Holy Spirit. So how do we see the impact of the Holy Spirit?

Three ways:

The Church; the Saints; Our own growth.

The Church - The Catholic Church, founded by Jesus Christ, has carried out the message of the Gospel for 2,000 years. And the reality is that is it has not always been pretty. We have made our fair share of mistakes, committed great sins, given into corruption. Despite all of this, the Church, through the power of the Holy Spirit, has done more good than any other institution on the planet. The Church has been a mother to the orphaned, a home for the abandoned, a place to encounter mercy and forgiveness for our sins. An instituted that has been guided by flawed men, yet still stands and does all of this great work for the world, is being led by the Holy Spirit.

The saints - within the saints we find all sorts of characters: mothers, fathers, children, priests, laity, those with addictions, great sinners, murderers. All of these are produced by the Church the sick. These heroic men and women who have radically converted through the Holy Spirit.

Our own lives and growth - do we see where we have grown? Have we become more patient over time? Grown in courage? Developed a deeper love? The Holy Spirit will be active in anybody who is genuinely trying to follow the truth and do God's will. He will take over and be the guide on a journey that is directed towards the love of God.

The Holy Spirit is all around waiting to fill every aspect of our lives. Do we discern His presence?